



Epic Change Summer 2010 Tanzania Trip

Thanks for your interest in our July 2010 trip to Arusha, Tanzania. This trip is an opportunity to immerse yourself in an incredible culture, contribute to the success of an amazing grassroots leader & her community, and explore questions of social justice. Below you will find information about the trip details, a questionnaire for you to complete, a list of key dates, and volunteer's agreement and release from liability form. **Please complete this application and either fax it to 415-358-5902 or scan and email it to avi@epicchange.org by 4/1/10. A nonrefundable deposit of \$500 is also due by 4/1/10. Payment can be made either online at http://epicchange.org/get_involved_tanzania.php or via check payable to Epic Change Inc. and mailed to 315 Jackson Ave, Satellite Beach, FL 32937.**

What will I do as a volunteer?

The list of activities below gives a sense of the kinds of activities volunteers can expect to participate in during their stay in Tanzania.

- Classroom participation & instruction
- Library setup & reading instruction
- Social Media instruction for teachers & students
- Blogging & documentary storytelling
- Film & photography instruction for teachers & students
- Fundraising Performance preparation & local marketing
- Marketing Epic Change products in local tourist hotels & markets

Where will I stay?

Budget accommodations will be provided at the Arusha Resort Center, where we stayed during our last visit. They offer hot showers, electricity that usually works and a location near town center that's hard to beat. Deluxe accommodations are offered not far away at the Impala Hotel; a nice, comfortable hotel that is set in a very safe atmosphere that offers some of the best dining in Arusha. Additionally, there's a gift shop and an internet cafe – albeit expensive – that's open late inside the hotel.

For most volunteers, we recommend the 2-BR apartment option because it offers spacious accommodations including a living room where volunteers socialize and, most importantly, a kitchen where you can prepare your own meals. We choose this option ourselves because, even though it's far from luxurious, it offers so many of the comforts of home. More luxurious accommodations that are very near the school are available by request.

What will it cost?

The total cost of your trip will depend on how many weeks you volunteer, where you choose to stay, the flight you are able to get, whether you go on any optional excursions, and how much you spend on food during your stay. The base cost estimates below include accommodations, airport transfers in Tanzania, \$25,000 in emergency medical insurance, \$500,000 in emergency medical transportation insurance, and a contribution to Shepherds Jr. School as compensation for the time and effort our hosts will provide in accommodating our visit. Base costs by accommodation preference are as follows:

Price per person	4 weeks	3 weeks	2 weeks
Double Hotel Room (Budget)	\$2,200	\$1,975	\$1,800
1-Bedroom Apartment (2 ppl per apartment)	\$2,350	\$2,080	\$1,870
2-Bedroom Apartment (3-4 ppl per apartment)	\$2,400	\$2,400	\$2,400
Single Hotel Room (Budget)	\$2,650	\$2,290	\$2,010
Double Hotel Room (Deluxe)	\$3,100	\$2,605	\$2,220
Single Hotel Room (Deluxe)	\$4,150	\$3,340	\$2,710

What optional excursions are available?

In addition to learning about Tanzania through your participation in at least 25 hours of volunteer service per week, we also would love for you to explore this amazing country further by participating in one or more optional excursions where you can learn more about the Maasai people, go on a wildlife safari in the Serengeti or even climb the highest mountain on the continent of Africa. Optional excursions include:

Excursion	Price	Date(s)
Maasai Cultural Safari	\$200	7/24 – 7/25
1-Day Safari (Budget)	\$200	7/17
5-Day Serengeti & Ngorongoro Camping Safari (Budget)	\$1250	7/13 – 7/17
5-Night Safari (Luxury)	\$3,250	7/13 – 7/18
7-Day Kilimanjaro Summit	\$2,600	6/27 – 7/3
3-Day Zanzibar excursion (includes airfare & lodging)	\$700	7/23 – 7/26

The very authentic Maasai cultural safari is offered by Kitumusote, a Tanzanian NGO dedicated to ensuring sustainability of the Maasai people's way of life. The Kilimanjaro climb and the luxury safari will be planned through iExplore. The budget camping safari will be offered by a local outlet in consultation with Mama Lucy. We have personally worked with each of these operators and assure that these experiences are not to be missed, although they may challenge your comfort zone. Optional excursions are subject to minimum participation.

Are there any additional costs?

Participants are responsible for all airfare, passport & visa fees, required immunizations, anti-malarial medication, trip interruption/cancellation insurance, as well as food & spending money in Tanzania. Shared accommodation rates are dependent upon our ability to identify roommates.

Food is not provided in the cost of the trip. The cost of restaurant food is significantly lower than we are used to – a safe bet is \$25 per day (not including bar drinks) for lunch, dinner and snacks. The 2-BR apartment also has a full-sized kitchen with a microwave, mini-fridge, oven, hot plates, pots & pans and silverware for making home-cooked meals.

Participants are responsible for booking their own flights into Kilimanjaro (JRO) airport. As an estimate, NYC or DC to JRO with one stop is less than \$2,300, and as cheap as \$1,800 with more stops or a longer layover. Do not book your flight until your trip has been confirmed. If we book together, we may be able to arrange a group discount. Flights into neighboring Kenya (Nairobi – NBO) tend to be cheaper but would require a short flight or long bus ride to arrive into Kilimanjaro. If

you choose to fly into NBO, you'll have to arrange your own transport to JRO – be aware that most international flights arriving into Nairobi come in after the last bus to Arusha has departed meaning you would have to overnight in Nairobi. We can definitely assist you with finding the best airfare and itinerary for your trip.

Funding and paying for your trip

All costs are estimates until time of final payment & booking. You're welcome to fundraise to pay for some or your entire trip. Please contact Avi Kaplan directly (avi@epicchange.org) so that we can provide you with support for your fundraising efforts. All payments are nonrefundable unless the trip is canceled. Deposit and Trip Payments can be made online at http://epicchange.org/get_involved_tanzania.php or via check payable to Epic Change Inc. and mailed to 315 Jackson Ave, Satellite Beach, FL 32937.

How old do I need to be?

We're requiring that all volunteers be at least 18 years of age by the time they arrive in Tanzania. We can not accommodate minors at this time but may provide an opportunity for younger volunteers on a future trip.

Are there any important dates?

Yes!

4/1/10 – non-refundable deposit of \$500 is due

4/1/10 – completed application and volunteer liability & release forms are due (fax or scan and email)

5/1/10 – 50% of the remaining balance is due

6/1/10 – full balance of your trip cost is due

6/15/10 - pre-trip orientation teleconference

7/4 – 4 week participants arrive in Arusha

7/11 – 3 week participants arrive in Arusha

7/18 – 2 week participants arrive in Arusha

7/30 – Tentative performance date at Shepherds Junior School

8/1 – All participants depart Tanzania

Anything else I should know?

An end-of-term school fundraising performance is expected to occur on 7/30. Participants assume all risks and liability associated with travel, and will be expected to abide by rules and regulations published by Epic Change. Each participant will be required to contribute at least 1 blog entry per week throughout his/her stay in Tanzania. We hope you're as excited as we are. Mama Lucy and nearly 400 smiling children just can't wait to see you!

Where can I learn more about traveling to Tanzania?

These links from the US Department of State and iExplore have a ton of useful travel information about Tanzania:

http://travel.state.gov/travel/cis_pa_tw/cis/cis_1038.html

<http://www.iexplore.com/dmap/Tanzania/Overview>



Epic Change Summer 2010 - Volunteer Application Form

Participant #1

First Name: _____ Last Name: _____

Phone #: _____ Email: _____

Passport #: _____ Exp. Date: _____ DOB: _____

Participant #2 (optional)

First Name: _____ Last Name: _____

Phone #: _____ Email: _____

Passport #: _____ Exp. Date: _____ DOB: _____

**Please enter names as they appear on your passport*

Additional Contact Information

Primary mailing address:

Emergency contact name & relationship:

Phone #s:

Which weeks do you plan to join us (circle one)?

The minimum trip duration is two weeks. Select the weeks you plan to stay.

- 2 weeks (7/18 – 7/31)
- 3 weeks (7/11 – 7/31)
- 4 weeks (7/4 – 7/31)

Accommodations

Select your housing preference.

	4 weeks	3 weeks	2 weeks
<input type="checkbox"/> Double Hotel Room (Budget)	\$2,200	\$1,975	\$1,800
<input type="checkbox"/> 1-Bedroom Apartment (2 ppl per apartment)	\$2,350	\$2,080	\$1,870
<input type="checkbox"/> 2-Bedroom Apartment (3-4 ppl per apartment)	\$2,400	\$2,400	\$2,400
<input type="checkbox"/> Single Hotel Room (Budget)	\$2,650	\$2,290	\$2,010
<input type="checkbox"/> Double Hotel Room (Deluxe)	\$3,100	\$2,605	\$2,220
<input type="checkbox"/> Single Hotel Room (Deluxe)	\$4,150	\$3,340	\$2,710

Would you like to room with anyone else who is applying? List them here.

Optional Excursions

Select any excursions you would be interested in participating in.

	Cost	Dates
<input type="checkbox"/> Maasai Cultural Safari	\$200	7/24 – 7/25
<input type="checkbox"/> 1-Day Safari (Budget)	\$200	7/17
<input type="checkbox"/> 5-Day Serengeti & Ngorongoro Camping Safari (Budget)	\$1250	7/13 – 7/17
<input type="checkbox"/> 5-Night Safari (Luxury)	\$3,250	7/13 – 7/18
<input type="checkbox"/> 7-Day Kilimanjaro Summit	\$2,600	6/27 – 7/3
<input type="checkbox"/> 3-Day Zanzibar excursion (includes airfare & lodging)	\$700	7/23 – 7/26

Volunteer Preference

Check the activities that interest you below. We'll do our best to match you, but can't guarantee your preference. Be flexible. Your assistance may be required on many tasks, including but not limited to the list below.

- Classroom participation & instruction
- Library setup & reading instruction
- Social Media instruction for teachers & students
- Blogging & documentary storytelling
- Film & photography instruction for teachers & students
- Fundraising Performance preparation & local marketing
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What special skills do you have that you'd like to volunteer?

What do you believe you might have to learn from our partner, Mama Lucy Kamptoni, her students and your experience in Tanzania?



VOLUNTEER'S AGREEMENT AND RELEASE FROM LIABILITY

1. Voluntary Participation: I acknowledge that I have voluntarily applied to participate in the "2010 Epic Change Trip to Tanzania" (the "Project"). I understand that as a volunteer I will not be paid for my services. I further agree that my participation in the Project may be terminated at any time by Epic Change, Inc. ("Epic Change").
2. Assumption of Risks: I AM AWARE THAT BY PARTICIPATING IN THE PROJECT, I MAY BE EXPOSED TO PERSONAL INJURY, DEATH OR DAMAGE TO MY PROPERTY AS A RESULT OF MY ACTIVITIES, THE ACTIVITIES OF OTHER VOLUNTEERS, OR THE CONDITIONS UNDER WHICH MY VOLUNTEER SERVICES ARE PERFORMED. WITH KNOWLEDGE OF THESE RISKS, I AGREE TO ACCEPT ANY AND ALL RISKS OF PERSONAL INJURY, DEATH OR DAMAGE TO MY PROPERTY, AND I VERIFY THIS STATEMENT **BY PLACING MY INITIALS HERE** _____.
3. Release: In consideration of the opportunity afforded me to participate in the Project, I hereby agree that I, my successors, assignees, heirs, guardians and legal representatives, will not make any claim against EPIC CHANGE or any of its affiliated organizations, or their officers, directors, or employees, or any suppliers of any materials or equipment that are used during the Project, any of the Project or EPIC CHANGE volunteers or sponsors for injury, death, or damage resulting from the act or omissions of any person or entity, however caused, arising from my participation in the Project. Without limiting the generality of the foregoing, I hereby waive and release my rights, actions or causes of action resulting from personal injury to me or my death, or damage to my property, sustained in connection with my participation in the Project; provided, however, that the injury, death or damage was not caused by an act or omission that was reckless, wanton, intentional, or grossly negligent.
4. I further consent to the unrestricted use by EPIC CHANGE and/or any person authorized by them of any photographs, recordings, interviews, videotapes, motion pictures or similar visual or auditory recording of me or created by me in connection with the Project.
5. Knowing and Voluntary Execution: I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A CONTRACT AND A RELEASE OF LIABILITY BETWEEN MYSELF AND EPIC CHANGE AND I SIGN IT OF MY OWN FREE WILL. BY SIGNING THIS AGREEMENT, I CERTIFY THAT I AM EIGHTEEN YEARS OF AGE OR OLDER.

Volunteer Signature: _____

Witness: _____

Volunteer Name **(Print)** _____